



Global TeleMD™

HEALTHCARE AT YOUR FINGERTIPS



We know your life can be demanding. With so much to juggle, finding the healthcare you need, when you need it, should be easy. In addition to a global network of doctors and facilities available through your health plan, we've teamed up with **Teladoc Health** to bring you **Global TeleMD**. At no extra cost, this smartphone app provides 24/7/365 access to international doctors by telephone or secure video call.

ALL AT THE TOUCH OF A BUTTON

- ✓ A global network of doctors
- ✓ Medical guidance and consultations (for non-emergencies)
- ✓ Same day virtual appointments, available 24/7/365
- ✓ Multiple language options
- ✓ Consultation notes sent directly to your phone
- ✓ Prescriptions and referral letters (subject to local regulation)

JUST WHAT THE DOCTOR ORDERED

With **Global TeleMD**, you can speak to a doctor at a time that fits your schedule without worrying about work, holidays or personal commitments. And because your consultation notes are stored securely in the app, they're ready to share with your usual doctor next time you visit.

Let's Get Started



- 1 Download the Global TeleMD app to your phone
- 2 Create a profile
- 3 Log in
- 4 You're good to go!



Dependents age 18 and over can download Global TeleMD to their mobile device and create their own profile. Enrolled members can access the services within Global TeleMD for their minor dependents.

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